

Col.	Nome	Nro.	Faixa	Tempo	Liquido	Ritmo
<b>14 A 19 FEMININO</b>						
1	QUEILLA FERREIRA FONSECA	370	F1419	25:34.1	25:22.8	05:06.8
2	SAMANTHA BERNARDINO CHAVES	394	F1419	28:46.2	28:44.8	05:45.2
3	LUISA PETERS GONTARSKI	303	F1419	28:54.2	28:42.2	05:46.8
4	CAMILI GUCKERT	131	F1419	35:37.2	35:09.7	07:07.4
5	ERICA GUCKERT	192	F1419	36:08.0	35:41.7	07:13.6
6	AMANDA CARDOSO TEIXEIRA	106	F1419	37:01.5	36:48.2	07:24.3
7	FERNANDA VILAR	211	F1419	41:53.0	41:35.5	08:22.6
8	RAFAELA OSORIO	375	F1419	44:20.1	44:01.6	08:52.0
9	AMANDA TAVARES	107	F1419	44:53.5	44:47.5	08:58.7
10	JADE BRAGA DOS SANTOS	243	F1419	50:05.2	49:42.9	10:01.0
<b>20 A 24 FEMININO</b>						
1	REBECA ALMEIDA LOPES	378	F2024	27:56.0	27:56.0	05:35.2
2	PRISCILA LUMERTZ	366	F2024	30:10.1	30:04.9	06:02.0
3	MIRIAM REGINA ALVES ZANELLA	347	F2024	32:00.6	31:50.2	06:24.1
4	JAQUELINE KLING PASINATO	249	F2024	33:44.4	33:20.1	06:44.8
5	MICHELI APARECIDA PEREIRA	345	F2024	35:53.1	35:34.7	07:10.6
6	CHEILA DALACORT	141	F2024	36:07.5	35:40.2	07:13.5
7	FRANCIELE ESPINDOLA SARATE	215	F2024	39:23.2	38:57.2	07:52.6
8	PALOMA CIBELE RIVERA MATTER	357	F2024	40:10.5	39:44.0	08:02.1
9	EWELLYN DE SOUZA	197	F2024	41:51.3	41:51.3	08:22.2
10	SUELLEM CRISTINA PEREIRA	412	F2024	44:11.1	43:46.8	08:50.2
11	JANE CARLA DE SOUSA BARROS	247	F2024	47:39.6	47:35.4	09:31.9
12	SARA VEIGA	400	F2024	47:59.4	47:34.2	09:35.8
13	MARCIELLI SABO ZANOTTO	314	F2024	55:29.0	55:14.8	11:05.8
<b>25 A 29 FEMININO</b>						
1	VANESSA DE AGUIAR	426	F2529	27:10.2	27:09.7	05:26.0
2	PRISCILA VILMA NICACIO	368	F2529	28:37.1	28:28.7	05:43.4
3	SILMARA APARECIDA CHAVES SILVA APPELT	406	F2529	28:57.2	28:47.7	05:47.4
4	LUANA SOARES DO NASCIMENTO	295	F2529	30:09.4	30:09.4	06:01.8
5	MARIANA ROSA PEREIRA	330	F2529	30:30.2	30:26.2	06:06.0
6	AGUIDA COSTA DOS SANTOS NASCIMENTO	95	F2529	31:56.3	31:56.3	06:23.2
7	DAIANE RAMALHO	157	F2529	32:26.0	32:26.0	06:29.2
8	MARIANE CANABARRO	331	F2529	32:57.1	32:39.9	06:35.4
9	SAMARA MARIA MARQUES PINHEIRO	395	F2529	36:51.5	36:40.0	07:22.3
10	BRUNA AGUIAR LOPES	126	F2529	39:20.2	38:54.7	07:52.0
11	JULIANA GOICOCHEA	272	F2529	44:36.4	44:16.2	08:55.2

Col.	Nome	Nro.	Faixa	Tempo	Liquido	Ritmo
12	RACHEL KNUFFER MISTURA	371	F2529	45:18.3	45:06.9	09:03.6
13	JULIANE LUST	273	F2529	47:58.4	47:34.1	09:35.6
<b>30 A 34 FEMININO</b>						
1	PRISCILLA MIRANDA SOARES	369	F3034	26:57.5	26:53.1	05:23.5
2	ELIDIANE RADASKIEWICZ	180	F3034	27:25.1	27:22.6	05:29.0
3	MAURICIA CRISPIM LOURENCO	342	F3034	27:41.5	27:34.5	05:32.3
4	JOSIANI MICHELLI TOSI VALGAS	268	F3034	28:48.3	28:23.1	05:45.6
5	VANESSA BARBOSA DE MATOS CAIRES	425	F3034	30:51.4	30:50.9	06:10.2
6	ELISETE LOPES CARDOZO	25	F3034	31:33.5	31:18.1	06:18.7
7	FERNANDA GORETTI LINS GONCALVES	210	F3034	31:59.1	31:39.9	06:23.8
8	GRAZIELLA DE AZEVEDO DE MELO	231	F3034	32:12.5	31:47.0	06:26.5
9	THAIANY SANTOS SELL	416	F3034	34:21.0	33:53.4	06:52.2
10	DEBORA	163	F3034	37:07.0	36:57.5	07:25.4
11	JOSYELMA DOS SANTOS	269	F3034	37:10.0	36:53.6	07:26.0
12	ANA CAROLINA M. H. MARQUES	108	F3034	37:47.4	37:22.0	07:33.4
13	MEIRIELE DA SILVA FRAGA DE VARGAS	343	F3034	37:55.1	37:49.9	07:35.0
14	KELLIN CRISTIANE DE OLIVEIRA DA ROSA	194	F3034	38:58.0	38:41.6	07:47.6
15	CAREN ANDRADE	132	F3034	39:21.5	39:21.5	07:52.3
16	JOSANA PADILHA	265	F3034	39:28.1	39:07.0	07:53.6
17	ANDRESSA PAIVA DAVILA	119	F3034	39:28.2	39:07.2	07:53.6
18	FRANCIELE DE JESUS FREITAS	214	F3034	39:41.2	39:34.9	07:56.2
19	ROBERTA VEIGA	383	F3034	40:09.3	40:02.0	08:01.8
20	ANA PAULA MACHADO CORREIA DE MELO	111	F3034	40:26.1	39:59.7	08:05.2
21	EDUARDA PATRICIA RIOS	177	F3034	40:56.3	40:33.1	08:11.2
22	CATARINA MATOS	138	F3034	41:31.1	41:20.7	08:18.2
23	JULIA MEIRELLES	271	F3034	41:51.0	41:34.5	08:22.2
24	SANDRA VEIGA CLEMER	397	F3034	41:55.0	41:30.7	08:23.0
25	KARLA DE OLIVEIRA CAMPOS SCHMIDT	280	F3034	43:20.2	43:18.0	08:40.0
26	SHEILA BENTO DE FARIAS GONCALVES	403	F3034	45:22.4	45:10.2	09:04.4
27	DAIANE DE OLIVEIRA DA SILVA	156	F3034	46:04.5	45:54.0	09:12.9
28	PATRICIA BRAGA	358	F3034	50:05.4	49:43.3	10:01.0
<b>35 A 39 FEMININO</b>						
1	CLEUNICE QUEIROZ	151	F3539	26:07.0	26:07.0	05:13.4
2	PRISCILA MAFEZOLI CONDE	367	F3539	27:42.5	27:37.3	05:32.5
3	ANDREIA SIQUEIRA	118	F3539	28:32.3	28:25.2	05:42.4
4	CINTIA FELSKY SILVEIRA DE MELO MOURA	143	F3539	29:57.5	29:57.5	05:59.5
5	FABRICIA GOMES DE SOUZA	204	F3539	29:57.5	29:15.2	05:59.5

Col.	Nome	Nro.	Faixa	Tempo	Liquido	Ritmo
6	ROSENIR GONCALVES DOS SANTOS	390	F3539	30:33.3	30:25.1	06:06.6
7	LUZINETE SILVA REIS	309	F3539	31:25.0	31:20.7	06:17.0
8	ELVANIA DALACORT	187	F3539	32:30.5	32:03.2	06:30.1
9	MARCIA SEFFRIN	313	F3539	33:52.2	33:50.9	06:46.4
10	SANDRA KLEIN DE SOUZA	396	F3539	34:10.3	34:04.2	06:50.0
11	ANGELA URIO BENDER	120	F3539	37:07.4	36:52.2	07:25.4
12	NAIR DOS SANTOS DA ROSA	350	F3539	39:40.4	39:21.0	07:56.0
13	CLEONICE DOS SANTOS	150	F3539	40:39.0	40:21.5	08:07.8
14	MARIA GABRIELA SILVEIRA MENDES	327	F3539	42:38.0	42:04.6	08:31.6
15	ELLEN RAMOS	185	F3539	43:45.3	43:06.8	08:45.0
16	FRANCISCA ALINNE QUERINO DE OLIVEIRA	217	F3539	50:37.5	46:05.3	10:07.5
<b>40 A 44 FEMININO</b>						
1	ISABEL CRISTINA PETERS GONTARSKI	239	F4044	26:23.1	26:11.6	05:16.6
2	ANDREA PEREIRA JORGE DE SOUZA	116	F4044	28:20.5	28:13.9	05:40.1
3	MARLUCE SOEIRO LUCAS	340	F4044	29:24.3	29:13.9	05:52.8
4	MARILIA DA SILVA	333	F4044	29:38.1	29:31.0	05:55.6
5	JANAINA DA SILVA GHIZONI	246	F4044	30:11.2	29:50.1	06:02.2
6	CLAUDINEIA CADETE DA SILVA	146	F4044	31:24.5	31:24.5	06:16.9
7	MARIA DA SILVA MEIRA	324	F4044	31:27.4	31:12.2	06:17.4
8	RUBIA DA SILVA BOELL	391	F4044	32:09.3	32:09.3	06:25.8
9	ERETUSA CRISTIAN BARROS COELHO FANI	191	F4044	33:05.4	32:55.9	06:37.0
10	MARIA APARECIDA ANJOS	320	F4044	34:21.2	33:54.8	06:52.2
11	GABRIELE BRANDALISE	224	F4044	34:32.3	34:10.0	06:54.4
12	MICHELLE DE AZEVEDO HINCKEL	346	F4044	35:49.1	35:22.9	07:09.8
13	DEBORA MOROZ MARTINS ABRASCIO	164	F4044	35:59.0	35:54.5	07:11.8
14	CLEIDINEIA GONTARSKI DVOJATZKI	148	F4044	36:30.1	36:16.7	07:18.0
15	ELIS REJANE DE OLIVEIRA	181	F4044	36:39.3	36:34.9	07:19.8
16	ALESSANDRA JACOMELLI	99	F4044	36:47.3	36:35.0	07:21.4
17	MARISA MARIA COELHO	336	F4044	36:52.1	36:37.9	07:22.4
18	MARLI DA SILVA	338	F4044	38:09.0	37:57.8	07:37.8
19	JEANE MOURA	251	F4044	38:24.5	38:14.4	07:40.9
20	MARTA OSORIO	341	F4044	39:17.4	38:58.3	07:51.4
21	JUSCELEA FRITZKE CORREA	279	F4044	40:09.5	39:52.1	08:01.9
22	LUCIANA	300	F4044	40:11.2	40:09.7	08:02.2
23	ANA PAULA LA-BELLA BARÃO	110	F4044	41:16.0	41:02.7	08:15.2
24	LUCIANE CRISTINA MACARI DE QUEIROZ	301	F4044	44:31.2	44:22.0	08:54.2
25	ANDREIA MARTINS	117	F4044	45:28.2	45:10.7	09:05.6
26	MONICA CRYSTHINA MENDES RAUEN	348	F4044	46:20.1	46:06.6	09:16.0

Col.	Nome	Nro.	Faixa	Tempo	Liquido	Ritmo
<b>45 A 49 FEMININO</b>						
1	LILIAN RAMOS DUTRA	293	F4549	26:42.3	26:36.9	05:20.4
2	GEUSA MARLI PETERS CARVALHO	230	F4549	27:26.0	27:12.0	05:29.2
3	ANA LUCIA LUCIANO	109	F4549	30:26.2	30:25.9	06:05.2
4	DALILA ADRIANA DOS SANTOS	158	F4549	33:55.5	33:36.4	06:47.1
5	ADENIR REBELLO	92	F4549	36:08.0	35:50.5	07:13.6
6	VERA LUCIA PETERS	428	F4549	36:30.3	36:18.0	07:18.0
7	ELISABETE BATISTA DE SOUZA	182	F4549	36:37.0	36:17.9	07:19.4
8	EVANILDE SALETE FEROLDI	196	F4549	39:23.2	38:56.2	07:52.6
9	MARIA ELIANE RIOS DE ABREU	325	F4549	40:57.2	40:33.2	08:11.4
10	MARIA CELIA VILAR	322	F4549	41:53.1	41:32.8	08:22.6
11	LILIAN CRISTINE APOLINARIO	292	F4549	42:39.0	42:24.0	08:31.8
12	JANETE SEFFRIN	248	F4549	42:40.2	42:39.9	08:32.0
<b>50 A 54 FEMININO</b>						
1	CENILDE DE ALMEIDA OUTEIRO RIBEIRO	139	F5054	27:39.4	27:39.1	05:31.8
2	MARIA CIDADE DE LACERDA	323	F5054	27:45.3	27:45.3	05:33.0
3	ISAURA BENTO LAURINDO	240	F5054	29:45.5	29:39.4	05:57.1
4	GERTRUDES KLING PASINATO	229	F5054	31:01.1	30:38.0	06:12.2
5	MARILIA DE OLIVEIRA MARTINS	334	F5054	31:57.0	31:48.9	06:23.4
6	MARIA APARECIDA DE SOUZA BINCHESI	321	F5054	31:57.2	31:50.0	06:23.4
7	MARIA SOLANGE VENTURA	328	F5054	34:02.6	33:44.2	06:48.5
8	SONIA QUINONES ABASTO	410	F5054	39:11.3	38:57.0	07:50.2
9	SUELI DE SOUZA NASCIMENTO GABRIEL	411	F5054	44:08.4	44:08.4	08:49.6
<b>60 A 64 FEMININO</b>						
1	RUTH MARIA WEBER	393	F6064	30:57.4	30:53.2	06:11.4
2	MARIA TOMASI	329	F6064	40:59.2	40:58.7	08:11.8
<b>14 A 19 MASCULINO</b>						
1	JEIEL WANDERSON RIBEIRO NUNES	255	M1419	22:27.4	22:25.0	04:29.4
2	EZEQUIAS SOARES DA SILVA JUNIOR	199	M1419	23:54.1	23:43.7	04:46.8
3	CHARLES DE OLIVEIRA ABRIL	140	M1419	26:20.1	26:18.1	05:16.0
4	GABRIEL FEROLSI PADILHA	222	M1419	29:57.0	29:48.0	05:59.4
5	PEDRO HENRIQUE DA SILVA	364	M1419	31:16.0	31:03.8	06:15.2
6	MARCO ANTONIO GHIZONI	316	M1419	34:32.3	34:13.2	06:54.4
7	JOAO MARCELO HOMEM LUMERTZ	258	M1419	36:44.2	36:37.1	07:20.8
8	VITOR ALESSIO	431	M1419	38:11.3	38:07.8	07:38.2

Col.	Nome	Nro.	Faixa	Tempo	Liquido	Ritmo
<b>20 A 24 MASCULINO</b>						
1	ANDRE SARAGOCA	104	M2024	21:45.0	21:45.0	04:21.0
2	LUIZ ANTONIO MEIRELLES	304	M2024	21:58.1	21:49.0	04:23.6
3	FILIFE ZUNINO	212	M2024	22:02.2	21:51.1	04:24.4
4	MARLON PEREIRA	339	M2024	23:57.3	23:49.1	04:47.4
5	GUILHERME CARDOSO TEIXEIRA	233	M2024	25:03.0	24:49.8	05:00.6
6	ALESON KURT DUARTE	98	M2024	28:53.5	28:46.4	05:46.7
7	GUSTAVO TOURNIER RUZZA	235	M2024	36:42.4	36:31.0	07:20.4
8	RAMON DA SILVA SANTOS	376	M2024	42:08.1	41:58.7	08:25.6
9	GEOVANI VIEIRA	226	M2024	44:11.0	43:47.8	08:50.2
<b>25 A 29 MASCULINO</b>						
1	CARLOS MOREIRA MARTINS	136	M2529	19:52.2	19:47.9	03:58.4
2	THIAGO BONADIMAN PEDERSSETTI	418	M2529	19:53.3	19:49.9	03:58.6
3	THIAGO DOS SANTOS OLIVEIRA	419	M2529	20:58.1	20:57.7	04:11.6
4	LUCAS SOUZA DA ROSA	298	M2529	22:03.1	22:02.0	04:24.6
5	CARLEY RIBEIRO DA SILVA	133	M2529	23:13.0	23:13.0	04:38.6
6	ROMARIO OLIVEIRA	389	M2529	23:44.3	23:42.9	04:44.8
7	MARCELO VIANA GRIGORIO	312	M2529	24:57.6	24:52.4	04:59.5
8	WILLIAN KLING PASINATO	434	M2529	25:38.4	25:15.4	05:07.6
9	BRUNO SEFFRIN	129	M2529	26:21.3	26:19.2	05:16.2
10	ALEX LUIS MAFIOLETE	100	M2529	26:37.0	26:36.5	05:19.4
11	FELIPE CARLOS RUFINO	208	M2529	27:06.0	27:05.5	05:25.2
12	PAULO RICARDO DE SOUZA	362	M2529	27:12.4	27:10.9	05:26.4
13	ELTON ANDRADE	186	M2529	28:04.3	28:04.3	05:36.8
14	PETERSON MENDES DA SILVA	365	M2529	28:45.2	28:45.2	05:45.0
15	LUCAS VANDERLEY MARCAL DURAO	299	M2529	29:20.6	29:16.6	05:52.1
16	KELVIN LAGO	283	M2529	29:36.3	29:31.1	05:55.2
17	MURILO SERAFIM MAURICIO	349	M2529	30:30.2	30:25.9	06:06.0
18	GUSTAVO MACHADO	234	M2529	30:39.1	30:39.1	06:07.8
19	JUNIOR CRUZ NASCIMENTO DOS SANTOS	275	M2529	32:16.2	32:14.9	06:27.2
20	TIAGO DAS NEVES DE OLIVEIRA ROSSENDY	422	M2529	33:04.2	32:50.9	06:36.8
21	ENOCH DE MELLO OEHNINGER	190	M2529	33:57.1	33:29.7	06:47.4
22	CRISTIAN DIEGO BOZAN	152	M2529	36:24.3	35:48.1	07:16.8
<b>30 A 34 MASCULINO</b>						
1	ANDERSON LUIZ MACHADO	112	M3034	19:48.4	19:48.4	03:57.6
2	RAFAEL ROSA FIDELIX	373	M3034	21:16.4	20:51.0	04:15.2
3	SIDNEI ROSA	405	M3034	21:20.1	21:20.1	04:16.0

Col.	Nome	Nro.	Faixa	Tempo	Liquido	Ritmo
4	ANDERSON RAUPP VIEIRA	113	M3034	21:31.0	21:26.6	04:18.2
5	MESSIAS FELIX	344	M3034	22:11.1	21:58.6	04:26.2
6	EDILSON PEREIRA DA SILVA	174	M3034	22:32.1	22:27.8	04:30.4
7	ERNANI GUIMARAES	193	M3034	23:12.1	23:07.9	04:38.4
8	REINALDO DIAS DOS SANTOS	379	M3034	24:30.4	24:30.2	04:54.0
9	ROBSON ALEXANDRE VIEIRA	385	M3034	25:05.2	25:04.1	05:01.0
10	EVANDRO PEREIRA DE VARGAS	195	M3034	25:20.2	25:15.1	05:04.0
11	JARDEL PEDRO DA SILVA	250	M3034	25:37.2	25:35.2	05:07.4
12	ROGERIO MISTURA	387	M3034	25:42.1	25:23.0	05:08.4
13	LEO ANTONIO DA SILVA DE JESUS	289	M3034	28:27.1	28:22.8	05:41.4
14	ALEXSANDRO RUBICK	103	M3034	28:48.1	28:33.7	05:45.6
15	CRISTIAN ROBERTO DA LUZ	153	M3034	28:50.0	28:46.8	05:46.0
16	FRANCELIO RAMALHO	213	M3034	29:53.2	29:46.2	05:58.6
17	ROBSON CRISTIANO CIVA	386	M3034	30:04.3	30:04.3	06:00.8
18	WAGNER DE MORAES	432	M3034	32:01.4	31:32.2	06:24.2
19	WILLIAN FRAGA PEREIRA	433	M3034	32:31.4	32:00.9	06:30.2
20	ALYSSON ALMEIDA SOUZA	105	M3034	33:07.2	32:50.0	06:37.4
21	IRINEU JOSE TRES	238	M3034	38:01.1	37:40.0	07:36.2
22	RAFAEL GONCALVES DE NEGREIROS	372	M3034	39:04.3	38:38.3	07:48.8
23	ISMAEL DE MELO	241	M3034	40:26.1	39:58.7	08:05.2
24	CLEBER LEMOS PEREIRA CAIRES	147	M3034	1:01:26.6	1:00:52.4	12:17.3

**35 A 39 MASCULINO**

1	JAIR DE AGUIAR	245	M3539	20:42.3	20:42.3	04:08.4
2	KLEITON RODRIGO TESSER	285	M3539	21:04.3	21:04.3	04:12.8
3	LEONARD LUIS BECHTOLD	290	M3539	21:27.3	21:26.3	04:17.4
4	MARCOS NUNES BATISTA	318	M3539	22:06.0	22:04.6	04:25.2
5	FABIANO VICTORINO	202	M3539	22:23.2	22:08.9	04:28.6
6	LENILSON LAURI VALGAS	446	M3539	24:10.4	23:45.0	04:50.0
7	JORGE LUIZ SOUSA DA ROSA	264	M3539	24:35.2	24:14.8	04:55.0
8	FABIO CESAR NUNES	203	M3539	25:10.4	25:07.0	05:02.0
9	DIEGO RAMIRES LOPES	168	M3539	25:25.2	25:20.1	05:05.0
10	RENE DE MELO	381	M3539	26:52.1	26:27.1	05:22.4
11	EDERSON SILVANO DE SOUZA	173	M3539	28:35.0	28:23.6	05:43.0
12	MAICON CORREA	310	M3539	28:53.2	28:45.7	05:46.6
13	AUGUSTO ANDERSON MEDEIROS	124	M3539	29:53.4	29:18.4	05:58.6
14	MARDEM MAGALHAES SILVERIO	319	M3539	30:07.0	29:45.8	06:01.4
15	VINICIUS DE ESPINDOLA MARTINS DA SILVA	430	M3539	30:14.0	29:57.5	06:02.8
16	THIAGO OUTEIRO OSORIO	421	M3539	30:26.2	30:01.0	06:05.2
17	CRISTIANO MARTINS	155	M3539	33:22.3	33:00.0	06:40.4

Col.	Nome	Nro.	Faixa	Tempo	Liquido	Ritmo
18	CLAUDEILSON LOPES DE ARAUJO	145	M3539	34:04.4	33:38.4	06:48.8
19	PAULO LOPES	361	M3539	34:05.3	33:31.1	06:49.0
20	CLEIVER GONCALVES	149	M3539	35:28.4	35:15.4	07:05.6
21	EMERSON RICARDO DE ALMEIDA	188	M3539	36:39.2	36:39.2	07:19.8
22	SIDNEI LEMES DA SILVA	404	M3539	36:39.5	36:32.3	07:19.9
23	DIEGO DA SILVA ALVES	166	M3539	36:47.2	36:34.6	07:21.4

**40 A 44 MASCULINO**

1	EDSON SENS	176	M4044	22:03.4	22:03.4	04:24.6
2	SAULO SOUZA DA SILVA	401	M4044	22:12.5	22:12.5	04:26.5
3	FABIANO JADIR ALEXANDRE	201	M4044	22:41.1	22:36.9	04:32.2
4	FABRICIO PINHEIRO GUIMARÃES	205	M4044	23:12.3	23:10.9	04:38.4
5	ALEXANDRE SANTOS CORREA	102	M4044	23:51.4	23:51.4	04:46.2
6	EDUARDO SILVEIRA	178	M4044	23:57.4	23:54.9	04:47.4
7	APOLO STREICHER ABRASCIO	121	M4044	23:59.0	23:54.8	04:47.8
8	SANDRO MARQUES BERNARDINO	398	M4044	24:18.0	24:17.6	04:51.6
9	DIEGO LEONARDO BELLE	167	M4044	26:10.2	25:40.9	05:14.0
10	ANDRE COSTA MARTENIUK	114	M4044	27:21.5	27:17.4	05:28.3
11	GUBLIO HEBER HELIO SILVA	232	M4044	27:31.1	27:22.1	05:30.2
12	ELISIO BESSA MACHADO	184	M4044	28:05.1	28:03.6	05:37.0
13	OTACILIO SILVESTRE PORFIRIO	355	M4044	29:35.2	29:13.2	05:55.0
14	DANIEL FRITOLI	160	M4044	29:59.4	29:22.3	05:59.8
15	JORGE LUIZ HINCKEL	263	M4044	32:24.2	31:59.1	06:28.8
16	WILLIAN PERES BITTENCOURTE	435	M4044	32:29.3	32:25.9	06:29.8
17	CRISTIAN TATSURO KOGACHI	154	M4044	32:41.4	32:37.2	06:32.2
18	JESSE ANASTACIO DE SOUZA	256	M4044	33:03.5	33:03.1	06:36.7
19	EZEQUIAS SOARES DA SILVA	198	M4044	33:55.4	33:46.0	06:47.0
20	DOUGLAS LEAL DOS SANTOS	170	M4044	34:04.0	33:53.5	06:48.8
21	JURACI HAUSER	276	M4044	34:04.3	33:29.2	06:48.8
22	MARCELO MENDES DE MELO MOURA	311	M4044	40:55.1	40:47.6	08:11.0
23	JOEL MORAIS	261	M4044	42:38.0	42:01.9	08:31.6
24	JEFERSON FERNANDES CONDE	252	M4044	57:00.3	56:55.1	11:24.0

**45 A 49 MASCULINO**

1	JOVINO SIQUEIRA	270	M4549	20:37.3	20:37.3	04:07.4
2	ALEXANDRE AMORIM DE SOUZA	101	M4549	20:51.1	20:49.9	04:10.2
3	HELDIO SCHMITZ	236	M4549	20:53.3	20:49.2	04:10.6
4	JOSE ALUIZIO DA SILVEIRA	266	M4549	21:55.3	21:55.3	04:23.0
5	ANDRE NOWACK	115	M4549	22:20.5	22:20.0	04:28.1



Col.	Nome	Nro.	Faixa	Tempo	Liquido	Ritmo
6	DYOTAGNAN OLIVEIRA MAIA	171	M4549	23:02.5	22:49.3	04:36.5
7	SANDRO SILVA CHAVES	399	M4549	23:52.5	23:51.4	04:46.5
8	LUIS MARCELO SANTOS DA SILVA	302	M4549	25:35.3	25:32.0	05:07.0
9	AGNALDO LUIZ PADILHA	94	M4549	26:18.2	26:07.7	05:15.6
10	MARCIO ANTONIO MARTENDAL	315	M4549	26:19.6	26:01.2	05:15.9
11	ZOANIR CUNHA	437	M4549	27:34.2	27:16.2	05:30.8
12	WILLINGTON VAZ	436	M4549	31:08.3	31:08.3	06:13.6
13	JURANDIR DE FREITAS MEIRA	277	M4549	31:28.0	31:11.8	06:17.6
14	DIRCEU GHIZONI	169	M4549	34:32.5	34:13.2	06:54.5
15	NESTOR DE ABREU	352	M4549	36:07.0	35:38.7	07:13.4
16	VALDECIR RIBEIRO	423	M4549	40:19.1	40:15.9	08:03.8
17	AURELIO ARMANDO DOS SANTOS	125	M4549	50:37.3	46:04.2	10:07.4
18	SIMIAO MANOEL DE SOUZA CARDOSO	408	M4549	53:31.0	52:59.4	10:42.2

**50 A 54 MASCULINO**

1	LUIZ GONCANLVES DAVILA FILHO	305	M5054	19:54.1	19:52.7	03:58.8
2	ADIR IDALICIO VIEIRA	93	M5054	21:01.2	20:59.7	04:12.2
3	JURANDIR SILVA DE AGUIAR	278	M5054	22:41.5	22:41.3	04:32.3
4	JOSE CARLOS MONTIBELLER	267	M5054	23:14.4	23:14.4	04:38.8
5	FRANCISCO FRANCIEUDO FONSECA	219	M5054	25:34.2	25:24.2	05:06.8
6	JORGE JOSE BOCHANOSKI	262	M5054	25:57.6	25:50.1	05:11.5
7	ADELSON RAUL DA SILVA	91	M5054	26:00.2	26:00.2	05:12.0
8	CARLOS ALBERTO MORAES RODRIGUES	444	M5054	27:38.4	27:35.2	05:31.6
9	AILSON ELIAS LAURINDO	96	M5054	29:12.3	29:06.3	05:50.4
10	GENESIO FERNANDES DA SILVA	225	M5054	30:41.0	30:30.6	06:08.2
11	PAULO LEITE FERREIRA	360	M5054	31:42.3	31:42.3	06:20.4
12	GERSON DOS SANTOS SILVA	228	M5054	31:48.0	31:27.8	06:21.6
13	RAUL ALBERTO VENTURA	377	M5054	32:56.5	32:36.3	06:35.3

**55 A 59 MASCULINO**

1	ROGERIO TAGLIARI HOFFMANN	388	M5559	23:26.0	23:24.5	04:41.2
2	RUDNEY GONCALVES PEREIRA	392	M5559	23:39.4	23:36.2	04:43.8
3	EBANOR SYPERRECK	172	M5559	24:07.0	23:51.9	04:49.4
4	INEZIO IDALICIO VIEIRA	237	M5559	24:46.0	24:43.6	04:57.2
5	ARMANDO LEAO TEIXEIRA	123	M5559	31:59.3	31:40.3	06:23.8

**60 A 64 MASCULINO**

1	MARIO CESAR SILVA	335	M6064	24:23.2	24:21.2	04:52.6
2	PAULO HENRIQUE DUTRA DIAS	359	M6064	28:06.4	27:49.4	05:37.2



Col.	Nome	Nro.	Faixa	Tempo	Liquido	Ritmo
3	MARIANO PEREIRA	332	M6064	32:30.5	31:58.3	06:30.1
4	ORLANDO IVAN MATOS	354	M6064	44:02.5	43:49.2	08:48.5
5	PAULO ROBERTO PEREIRA MACHADO	363	M6064	44:40.3	44:14.3	08:56.0
<b>65 A 69 MASCULINO</b>						
1	OZANDIR ELENIO CAPARICA	356	M6569	26:11.2	26:03.2	05:14.2
2	ARINO LEOPOLDO DE OLIVEIRA	122	M6569	27:08.3	26:53.9	05:25.6
3	LUIZ GONZAGA MIRANDA	306	M6569	39:00.3	38:54.3	07:48.0